



Ask your child these questions and discuss the answers.
If they cannot respond, practice showing emotions
(smile for happy, mad face, etc)



First5 Rush County's
Early Learning Coalition

To learn more about First5 visit our website
www.rushcountyfoundation.org/first5/

TALKING IS TEACHING.ORG



TALKING IS
TEACHING.

TALK
READ
SING



RUSH EARLY LEARNING COALITION

f INFO@RUSHEL.C.ORG

First5

90% OF BRAIN
DEVELOPMENT
HAPPENS BY AGE 5
HERE'S WHAT YOU CAN DO
TO HELP YOUR CHILD:

READ



Read books and encourage your child to read with you.



SING

Teach your child songs and sing with them.
Don't worry - it doesn't need to be on key!

TALK

HEY
THERE!

Talk to your child and describe what you see.
Encourage them to ask questions.



PLAY

Allow time for playing with your child,
help them try new things, and encourage them.

MODEL



Be a role model for good behavior.



collaborate with your child ways to model behavior

Being a good parental role model is important, because children mimic what they see and hear. This is sometimes called observational learning. While children have models all around them, parents are their main source of behaviors to imitate. <https://austinfamily.com/10-behaviors-to-model-for-your-kids/>

Model: Honesty

Honesty. Admit when you break something or make a mistake. Show that nothing extreme happens when you're honest. Don't cheat others and brag about it. When you get too much change back from a purchase, be honest and help correct the mistake.



Sing a Song: "I'm a Little Penguin

(Sung to the tune of:

I'm a Little teapot" | author unknown)

I'm a little penguin black and
white,
I waddle to the left and I waddle
to the right.
I cannot fly but I can swim,
So I waddle to the water and
jump right in!



If You Were a Penguin

Scan the QR code
to hear the story
on YouTube!



"If You Were a Penguin"

Winter Animal Movements

Pretend to move like animals that live
in winter.



Stomp like a polar bear
Hop like a bunny in the snow
Curl up like a sleeping bear
Waddle like a penguin

First5
Know early. Grow early.

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